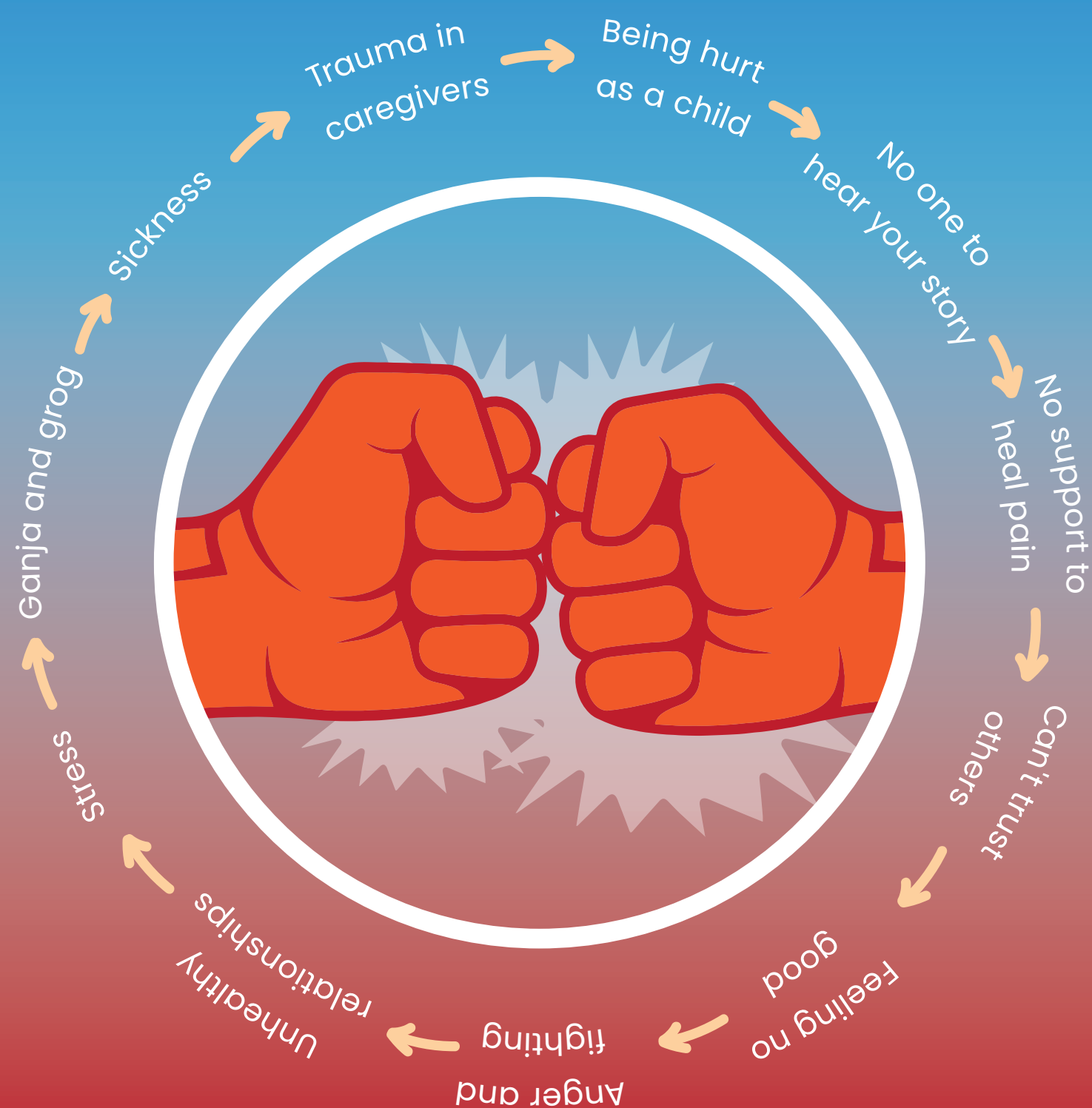


Healing people, families and communities

- Trauma can be passed down from parents to children. It can get locked up inside and hurt can be passed down the generations.
- Children of traumatised parents may have difficulties relating in healthy ways, feeling disconnected from culture and have high stress levels.

Generational Trauma Cycle



Breaking the cycle

