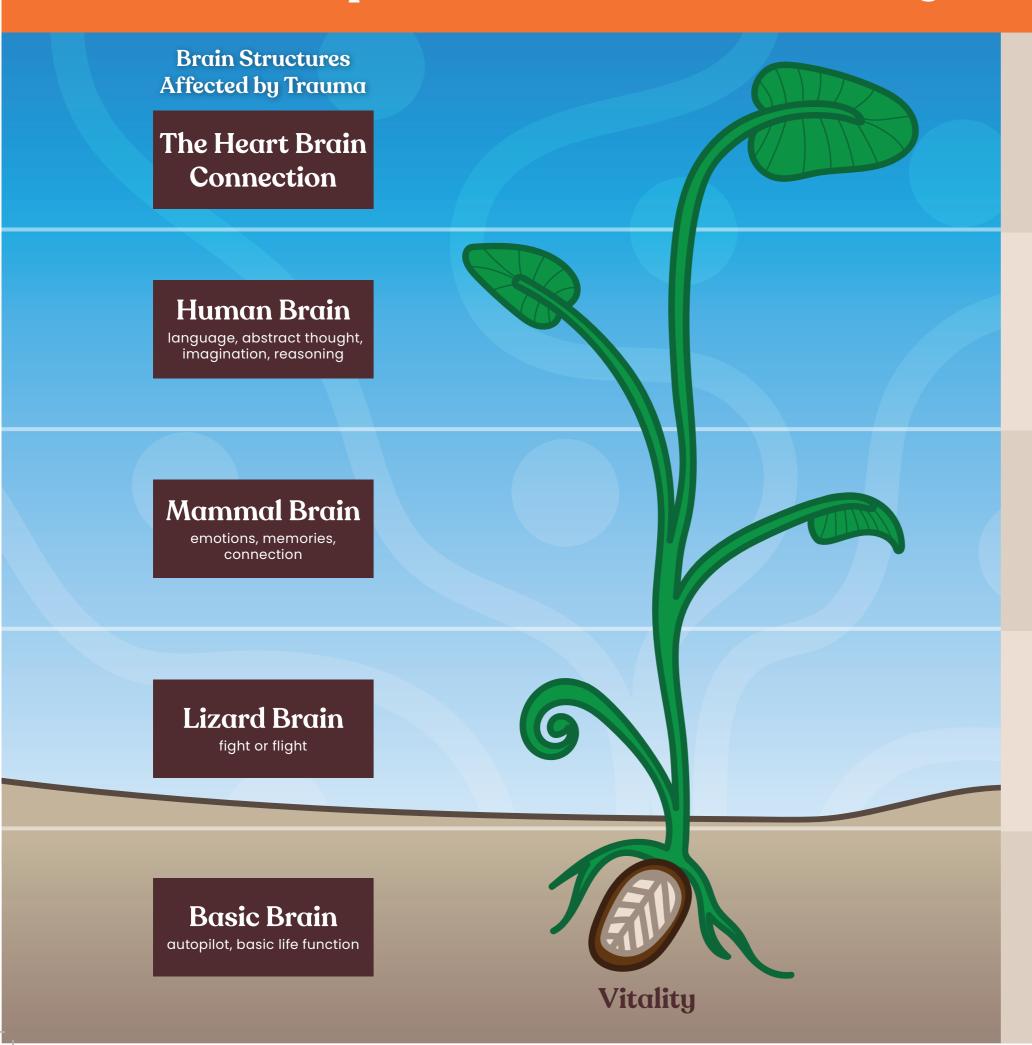
Brain development, trauma and healing





Healing Practices

Resonance

Growth, Physical Wellness, Vitality Curiosity and openness promotes growth, wellbeing and meaning

Encourage Creative Thoughts

Story Telling/Yarning – Writing Drama Theatre Art and Music

Emotional Regulation

Relationships Dance - Play - Art

Somato - Sensory Integration

Movement & Yoga Games Music Touch Nature Discovery

Calm Body

Safe Touch Massage – Pressure Points